

POLICY ON SWIMMING POOL (STUDENTS)

INTRODUCED:	April 2018
REVIEW 1 :	April 2021
REVIEW 2 :	April 2023
REVIEW 3 :	April 2025
NEXT REVIEW 4 :	April 2026

DEFINITION:

This policy is established to ensure that all procedures are followed in the use of the pool and that the pool remains a viable resource for Dunes International School for many years to come. Swimming pool is established for the benefit of all users of the swimming pool to assure the safe operation of the pool facilities and to provide enjoyable recreation to students.

POLICY:

The ability to use the pool will vary depending upon the weather /environmental conditions which can affect the state of the pool such as

- Rain
- Temperature
- Sand storms

Facilities must keep daily log of pool test results. Testing must occur before the pool is used each morning and at regular times throughout the day. Maintenance staff must receive appropriate training on regular basis.

The pool area is monitored and serviced through surveillance cameras at all times.

STUDENTS RESPONSIBILITIES AND DUTIES:

- Must follow the Emergency action plan.
- Suitable clothing and appropriate footwear should be worn. It is recommended that girls wear a one-piece swimsuit and boys wear swimming trunks or appropriate swimming shorts. All pupils must wear a swimming cap.
- Swimmer to wear swimming cap.
- No running on the pool side
- No diving or jumping from the side of the pool
- No unnecessary shouting

Dunes International School

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Tel.: 0097125527527
School code: 90201 | Affiliation number: 6630051



مدرسة ديونز الدولية

رقم قطعة: ١٩, شعبية ٩, مصفح, أبوظبي, ص ب : ٥١٢١
هاتف: ٠٠٩٧١٢٥٥٢٧٥٢٧
كود المدرسة : ٩٠٢٠١ | رقم الانتساب: ٦٦٣٠٠٥١

- No acrobatics
- No pushing or ducking other swimmers

STUDENT RESPONSIBILITIES AND DUTIES:

Follow the Emergency Action Plan (EAP) at all times. Be aware of emergency exits, signals, and lifeguard instructions.

Wear appropriate swimwear:

- Girls: One-piece swimsuit.
- Boys: Swimming trunks or proper swimming shorts (not casual shorts).
- All students must wear a swimming cap and goggles if needed.
- No jewelry or loose items should be worn during swimming sessions.

Maintain personal hygiene before entering the pool:

- Shower before swimming.
- Use the toilet before pool entry.
- Refrain from entering the pool with open wounds, skin infections, or illness (especially diarrhea in the past 48 hours).
- No running on the pool deck or changing areas – slippery surfaces can lead to serious injuries.
- No diving or jumping into the pool unless supervised and instructed by a teacher/lifeguard in a designated area.
- No pushing, ducking, or any form of horseplay or rough behavior in or around the water.
- No unnecessary shouting, screaming, or loud behavior that may distract supervisors or lifeguards.
- No acrobatics, flips, or dangerous stunts in the pool area.
- Enter and exit the pool calmly from designated areas only.
- Respect the lifeguards, teachers, and fellow swimmers at all times. Follow instructions immediately and without argument.
- Be responsible for your belongings. Do not leave personal items scattered in the changing area or poolside.
- Report any accidents, discomfort, or concerns to the swimming teacher or lifeguard immediately.
- Students with medical conditions (e.g., asthma, epilepsy, allergies) must inform the swimming teacher in advance and carry any required medication (e.g., inhaler, EpiPen) to the pool area.
- Only enter the water when told to do so by the swimming teacher or supervisor.
- Students must leave the water immediately when instructed, especially during emergency drills or evacuations.



POOL SAFETY AND HYGIENE

- In this unit children will be introduced to pool safety and hygiene. Pool safety will include knowing the rules of the pool; such as
 - All students should take shower before entering the pool.
 - No student is permitted in the pool area without a lifeguard/qualified teacher being present.
 - Students should not enter the pool unless asked to by the class teacher or qualified swim instructor
 - No diving (including racing and surface dives) in non-diving area. Diving area from deep end edge only.
 - No dangerous or irresponsible behavior in changing rooms or pool area.
 - All students should use the toilets before entering the pool.
 - All students must know the pool evacuation procedure and get out of the water when instructed to do so.
 - No outdoor footwear allowed in pool area.
 - Must be dressed appropriately.
 - Must not enter the pool with any infectious diseases or skin complaints.
 - No drinking pool water
 - Drying themselves properly after their class.

INTRODUCING WATER CONFIDENCE

- In this unit children will focus on improving their water confidence so they are comfortable with getting in the water, they feel confident moving around the pool in a variety of different ways, and submerging their head underwater.
- Children will be given the opportunity to improve their water confidence through a variety of activities and small games working both individually and in small groups.

INTRODUCING WATER CONFIDENCE :

In this unit, students will focus on developing and improving their confidence and safety awareness in the water. The aim is to help students feel comfortable entering the pool, moving confidently in shallow water, and gradually building up to submerging their face and head underwater.

Students will take part in a variety of engaging and age-appropriate water activities and games, which will help them:

- Learn basic water movements like walking, floating, and splashing.
- Build confidence through repeated exposure to water in a safe and supervised environment.

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- Practice breathing, blowing bubbles, and basic submersion skills comfortably and without fear.

Key Features of the Unit:

- Students will work individually and in small groups, allowing for differentiated instruction based on their comfort levels.
- All activities will be conducted under the supervision of qualified swimming instructors and certified lifeguards, as required by ADEK.
- Students will be taught how to follow pool safety rules, including how to safely enter and exit the pool, respond to emergency signals, and respect the pool environment.
- Inclusion and support for students with special needs will be ensured by adapting activities and offering one-on-one assistance where required.
- The use of floatation aids and pool equipment will be encouraged to promote independence while maintaining safety.
- Students will be encouraged but not forced to try submersion activities, respecting individual readiness and emotional comfort.

Emergency:

At the time of emergency the students must

- Remain calm at all times.
- Follow the safety procedure.
- Follow the instruction given by teacher / Instructor.

POLICY:

- No one will be allowed in the swimming area unless the pool is officially open and a lifeguard is on duty.
- Swimming without a Ready-To-Rescue Lifeguard present on deck is prohibited.
- All students entering the pool area must pay the appropriate course fee registration.
- The school will maintain and operate the pool to ensure that the required water quality and other operating standards are met for the period of the year and hours of the day required.
- During any school session when the pool is in use, there will be at least one person designated as the swimming pool supervisor, who will supervise the pool at all times.
- The number of additional supervisors required will be determined by the number of swimmers
- This policy and User Code shall be easily accessible to all users by being permanently displayed in the pool enclosure, and provided to all authorized users.
- A group of children (5 or more, 6-17 years of age) entering the pool must be directly supervised at poolside by an adult in swim attire.
- There must be one adult for every five children.



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- Students MUST contact the Swimming teacher before coming to the pool. Groups with children under 6 years of age must provide one adult per child in the water, due to the high risk nature of the activity.
- If a student with a disability needs special accommodations to use the pool complex, please contact the School Swimming Supervisor.
- Guards have authority to enforce all pool rules, students who repeatedly violate the rules may be ejected by the School Swimming Supervisor.

Amendments:

Review 1	No Changes
Review 2	No Changes
Review 3	Changed

Principal
Mr. Paramjit Ahluwalia

